



## THE KAURI MUSEUM *Real New Zealand Heritage*

### Northland Photography Awards

With only 4% of our ancient forests remaining and those that remain now facing the threat of kauri die-back disease, The Kauri Museum initiated an online photography competition as part of its ongoing support of the programme to "Keep Kauri Standing" and to stop the spread of this deadly disease.



Open section winner: 'Skyward' Doug Cole (Waipu)



Senior Student winner:  
Aaron Skelton 'Kauri Tree' (Waiotira)

The theme of "All Things Kauri" was chosen to highlight the importance and diversity of kauri through the modern camera lens.

The inaugural Northland Photography Awards at The Kauri Museum concluded with a very successful prizegiving evening in early August. The winning works are on display at the museum until 8 October. The Tudor Collins People's Choice Award is ongoing until the exhibition closes with voting either at the museum or online at [www.kau.nz/tour/awards/](http://www.kau.nz/tour/awards/).

The Kauri Museum would like to thank its supporters; Bennett & Associates (Accountants, Whangarei), Nauman Insurance Brokers (Dargaville), Creative Communities NZ and the Friends of The Kauri Museum for their generosity.

### Labour weekend ... all go in Paparoa!

Paparoa is going to be the place to be this Labour Weekend with the Trash to Art competition, Sculptures on the Kaipara exhibition, the Farmers Market and Gala Day Paparoa on The Village Green!

Building on the foundations of last year's hugely successful Proudly Paparoa day which showcased local highlights, products, groups and talents, this year there's going to be a good old fashioned community gala day with a shared lunch. 'Gala Day Paparoa' will be a fun, interactive family event on The Village Green, Saturday 21 October.



There'll be games for the kids, competitions in baking, preserves, jams and sauces, pie making, and more, including food demonstrations and tastings, a floral art demonstration and competition, and loads of things for the kids to enter and be involved in. The event will finish up with a shared lunch consisting partly of goodies from the competitions and food demonstrations and partly from people bringing along a plate to share.

'Watch this space' for further details but if you have a winning family chutney or sauce recipe that needs time to develop, you might want to get a batch started now!

'Sculptures on the Kaipara' and 'Trash to Art' events are being held on the same weekend. See inside for more info on each of them ...

### Book Fair fundraising for Tinopai Emergency Base

If last year's book fair is anything to go by, this year's fair will be another not to be missed!

The fair will be held in Paparoa Hall, Saturday 9th September from 9am to 2pm. Tinopai Volunteer Emergency Services Inc are raising funds to erect a building to house two Tinopai Rural Volunteer Fire Force vehicles and the North Kaipara Coastguard rescue vessel.

Both of these organisations do amazing work in Tinopai and the surrounding Kaipara districts. The two vehicles and the boat are currently being stored on members sections which is far from ideal. Building consent has been granted for the building. We are now raising funds through grant applications and community activities.

The books have all been kindly donated by folk supporting this cause and by local libraries and schools. They will be priced at \$1 each, 5 for \$3 or 10 for \$5. There will be a wide selection of novels covering romance, thrillers, fantasy and sci-fi, drama and a huge range of non-fiction as well. We will also have a table of jigsaw puzzles (some brand new).

The wonderful Paparoa Lions Club will run a sausage sizzle for us on the day.

Please come and support this wonderful cause. If you can't come but want to help please consider [givealittle.co.nz/cause/tinopaivolunteeremergencyservicesbuilding](http://givealittle.co.nz/cause/tinopaivolunteeremergencyservicesbuilding) or contact our treasurer Sarolta 021 725 913.



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## Artistic skills needed



The Paparooa Sports and Recreation Association would like to paint some sporting figures on the side

of the Sports Pavilion building to brighten it up. But

while our committee have plenty of ideas of how we would like it to look, we

are limited in artistic skills/

So we are looking for anyone who would like

to assist us with this project. Anyone

interested please

contact Libby 431 6822.



## Libby's Councillor Corner

**The Kaipara Walking and Cycling Strategy** has been adopted by Council. It's a framework which aims to promote walking and cycling in our district for all residents as well as visitors to our area.

This long term strategy aligns with a number of related Northland regional and national action plans for tourism, economic development and transport. It gives us the opportunity to apply for other funding to assist with their development.

**The Community Grants policy** has now been fully reviewed and covers all ways that Council can offer help and support to community groups meeting the criteria. This includes contestable community grants, contracts for services and assistance and fees reduction for resource

or building consents. This policy is in line with Council's Community Outcome for "A District with welcoming and strong communities."

### Community halls' insurance

Over the last few years Kaipara District Council has paid the insurance premiums of some community halls. This year half of the costs will be paid and in future no halls will receive this automatic grant. To receive assistance, halls will need to apply under the Community Grants Policy for costs most useful to them - perhaps for insurance costs, capital items or repairs and maintenance.

The Walking and Cycling Strategy and Community Grants Policy can be found on Kaipara District Council's website ([kaipara.govt.nz](http://kaipara.govt.nz)).

Libby Jones, Councillor KDC  
[Cr.Jones@kaipara.govt.nz](mailto:Cr.Jones@kaipara.govt.nz)

## Riverview news



### What is 'Respite Care'?

Did you know it's available in Maungaturoto?

Respite care is a service that provides caregivers and whanau with a temporary rest while the person in their care continues to be cared for in a safe environment.

If you are the full-time, unpaid carer for a loved one, then respite services may be available for you.

The team at Maungaturoto Resthome offers respite care at resthome level for families needing a break, or those needing a break from their carer. Although we

are a resthome there are no age restrictions on who we provide care for. The friendly atmosphere acts as a home away from home with staff on duty 24/7. The Nurse Manager and Senior Staff are always on call

Referral for this service is via your GP who will contact the 'needs assessment team' at Whangarei Base Hospital.

For further information about respite care, contact the manager on (09) 431 8696.

Paula M

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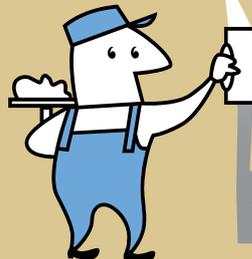
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## PTA Possum purge

Always a highlight on the Paparoa School calendar, this year the PTA is making the event even bigger!

As part of a Gala Fun Day, the prizegiving on Sunday 10th September will be held at the Paparoa showgrounds. There are amazing raffle and spot prizes, games, food, and fun galore - the whole community is invited, so even if you aren't a hunter, there is something for everyone!



Hunting begins this year at midday on the 7th and we are keeping our fingers and toes crossed for nice weather.

'Hunting and Fishing' is giving registered teams 10% off their ammo, while the prize pool for teams includes the top team's choice of a Kaipara Harbour fishing trip for four, a \$500 Thirsty Tui voucher or a family pass for four to 'Rainbows End'. Teams which register early also enter the draw to win a weekend away at Acacia Lodge.

For details and to register your team see

www.paparoa.school.nz under the PTA heading and also follow Paparoa School on facebook. While on our website, read up on the rules and guidelines

for the possum hunting.

Due to recent international media attention, we are being very careful to run this event with strict humane guidelines regarding all possums. Respect for these furry creatures is of top importance, even though we are hunting them to reduce numbers. If only they didn't destroy our native flora and fauna with such disregard - then it would be a different story. Maybe we can call the Australians and get them to come and collect them all?

We're looking forward to a weekend of fantastic fun and awesome prizes!

Hope to see YOU and your whanau there.

Jenny Gilberd-Longdon  
Paparoa School PTA



## All welcome at dinner

The next Paparoa Community Dinner will be on Saturday 23 September at the Paparoa Sports Pavilion.

What a great opportunity to have a delicious home cooked three course dinner, to meet some new people, catch up with familiar faces, and have a great night out.

The Paparoa Sports and Recreation Association have been running these dinners for several years as a fundraiser, as well as to give people the chance to socialise in the community. BYO drinks.

Adults \$20, Gold card holders \$17, Children \$10 (up to age 16) Family \$50

Reserve your tickets with:

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## Medical Society in action

Since taking possession of the former Council Office in Paparoa, the Paparoa Medical Society has been busy. Already the upper floor has been renovated in preparation for renting out as a residence.

Discussions with existing lower floor tenants have led to an agreement to relocate the Paparoa Community Library into a refurbished space on the ground floor with it's own entrance. This is a big move for the Library meaning it returns to the area originally occupied some years ago.

As soon as the Library has vacated, the rooms

will be renovated for the medical rooms with new toilets and plumbing. White Rock Gallery will be accommodated for as well.

A three bay garage at the rear has been split into two storage units which are available for rent.

A considerable amount of work is required as plumbing and electricians have to be separated

and new windows and doors created.

The final result for the community will be a great facility with easy access and plenty of parking adjacent to the village.

Once the renovations are underway the Society will look to sell its existing building adjacent to the 'Old Hospital'.

Graham Taylor, Chairman

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## Museum goes on

The inaugural Northland Photography Awards are on display until 8 October and you can vote for your favourite image in The Tudor Collins People's Choice Award until the exhibition closes - either at the museum or online at [kau.nz/tour/awards](http://kau.nz/tour/awards).

Upcoming events in September include the **Aotearoa New Zealand Brainteaser Night** on Friday 1st, 7pm at Matakoho Hall. There are prizes for every round and an overall prize, so even though it will be last minute by the time you read this, get a team together quickly and phone the museum 431 7417 to enter.

The current **Textiles Exhibition, Final Touches**, will close at the end of next week and be replaced by **Samplers of all sorts: Stitching through time**, opening 13 September and running until mid-November.

Looking towards the October school holidays this break's activity is a **Do-It-Yourself Pinhole Camera Workshop**. More suitable for senior students, the workshop is limited to children 10 years and over. Workshops will be

held on 1 and 11 October. Phone 431 7417 or email [admin@kaurimuseum.com](mailto:admin@kaurimuseum.com) for more information.

**A Local Environmental Forum** at Matakoho Hall will feature NZTA updates on the Matakoho Bridge realignment and Northland Regional Council advising on pest and weed control. Otamatea Harbour Care will also be present to highlight their work protecting the Kaipara Harbour.



Junior Student winner:  
Corin Parsons (Maungatapere)  
'Kauri Tree on my farm'

This year's **Settler's Day: Collector's Edition**, will be held on 7 October. A special feature will be a slide show of Harold Marsh's Albertland photograph collection, led by his grandson Peter Marsh. Collections staff have made hundreds of phone calls to contact all those who participated in years past and many are returning with their displays.

There will be live music, kola dancing, small engine demonstrations, the CAT 60 will rumble into life, vintage cars and much, much more including lots of games for the young ones.

The museum will open at 9am and entry is free. Bring your family for a great day out!

Mary S



Senior Student entry: Chloe Smith (Matakoho)  
'Kauri weathering the storm'

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## Market support for emergency volunteers

Recently Paparooa Farmers' Market held a firewood raffle in aid of Paparooa's Community Response Services. Firewood was kindly donated by Paparooa Lions and the amount raised was \$345. Market regular Kelvin Foster presented the proceeds to volunteer Gerard Sullivan.

Support Paparooa's Community Response Inc at their monthly sausage sizzle at the Paparooa Farmer's market (every second Saturday in the month).



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# Trash to Art & Sculpture

The team at White Rock Gallery is working hard this year to bring you something exciting and new and it's all go at Labour Weekend!

## Trash to Art competition

The exciting bit is our 'Trash to Art' competition which includes art and sculpture made from recycled materials. We are also excited to tell you that each category has a first prize to win of \$500!



Ruawai's Kaipara Refuse, Huband Contractors and Paparoa Motor Camp are generously sponsoring these prizes. The winner of the children's section will receive a prize pack and each section will have a 'People's Choice' award. We are also on the lookout for more sponsors, so please get in touch if your business would like to be involved.

## Sculptures on the Kaipara



The new bit is a sculpture exhibition that hasn't been done up this way before. 'Sculptures on the Kaipara' is being held at Moewaka Villa Studio and Gallery in Matakoho and we hope to have a fantastic collection of New Zealand sculptors (even international sculptors?) displaying their work for sale. Moewaka Villa offers a beautiful and dramatic backdrop for the sculpture exhibition.

We invite artists, both existing and emerging, to participate and compete in both of these events at Labour Weekend this year.

If you are interested in exhibiting a sculpture or entering the competition (or both!) you can contact Hanna Stevens on 021 066 8777, look on the Gallery website whiterockgallery.co.nz, or search 'Sculptures on the Kaipara and Trash to Art Competition Paparoa' on Facebook.

The Gallery is open every day except Christmas Day to visitors and new members are always welcome.

Hanna Stevens

# Hall committee



Paparoa War Memorial Hall Society held their AGM in August and the following people have been elected to the committee whose purpose is to maintain the Hall for the benefit of our community:

- President ..... Pete Risbridge
- Vice-President ..... Kate Battensby
- Secretary ..... Loraine Rowlands
- Treasurer and Bookings .... Robyn Skelton
- Committee members ..... Graham Taylor, Ken Chambers, Ross Battensby and Mark Hampton.

The Emergency Evacuation Scheme has now been approved and six-monthly 'Trial Evacuations' will have to be held. It is important that everyone using the Hall is aware of the procedure for evacuating the Hall in the case of a fire or other emergency - instructions will be given to all groups.

Thank you to the people who have voluntarily contributed to the Hall's upkeep.



Spring at the Rowlands in Franklin Road

See Robyn in Skelton Drapery if you have mislaid the appeal letter sent around in July; she will be more than happy to see you!

Best wishes for a happy and warm spring,  
Loraine Rowlands  
Secretary



## Annual Fundraising BOOK FAIR

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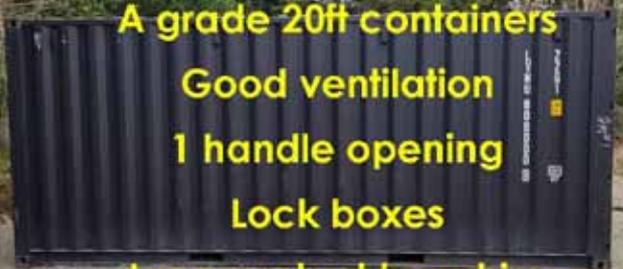
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*Real New Zealand Heritage*

What's on at your Museum

### Exhibitions

- \* Tudor Collins - Man of Many Faces
- \* Samplers of all sorts: stitching through time
- \* Northland Photography Awards  
*On display until October 8*

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## Marae playground benefits from Jungle Book royalties

Due to the popularity of the recent season of The Jungle Book, Otamatea Repertory Theatre (ORT) staged an extra show, so that patrons would not be disappointed.

On notification of this, BB Cooper, composer and owner of the rights for the show, kindly offered to pass the Royalty payment of \$200 on to a children's charity, instead of us paying it over to her in the UK.

In turn, ORT was delighted to pass on the funds to the Otamatea Marae for its playground development, which is set for completion in early October.

Director of 'The Jungle Book', Peter Flower, on presenting



Reno Skipper accepts ORT's donation from Peter Flower

the cheque to Reno Skipper for the project, said: "It is fitting that the Otamatea Repertory Theatre, which benefits children and families, should honour the children's playground project at the Otamatea Marae."

This is the tenth consecutive major musical that has been directed by Peter, and theatre-goers were delighted with his creative vision.

Maura Flower

## Theatre review

### The Jungle Book

An adaptation of Rudyard Kipling's story

Once again Otamatea Repertory Theatre has punched above it's size and the result is an amazing interpretation of this wonderful story. ORT continues to make excellent use of stage props and the fire at the beginning was very real looking.

It would be unfair to single out any one person or group in this performance. With the rearranged theatre bringing the audience very close to the actors and the clever use of space on both ends of the seating, we were spellbound from the very beginning. The element of surprise was paramount and even those of us who knew the original story could not really predict what was going to happen next.



Characters emerging from under the seating also added an element of surprise.

Youngsters made up the majority of the cast and whether they had a main part (Mowgli, played by Matai Hartles) or were part of the large group

of monkeys and wolves, they all took on the appropriate characters very effectively. The more mature members of the cast were also great and the singing by all was very effective.

One must also make mention of the superb costumes and makeup. All the characters, whether human or animal, were true to character.

ORT, you never disappoint me with your productions. I also commend you on the manner in which you involve a large section of the younger people in the community.

Well done!

Eileen Parsons

## What you should know about a heart attack



Last month Dr Lynne Mitchell discussed whether men and women experience a heart attack differently. The answer is in how well patients are able to describe their symptoms (or not) to the medical practitioner. This month she explains more about the heart and having angina or a heart attack.

The heart is divided into a left and a right side and the two sides are separated by a muscular wall 'the Septum'. Each side is separated into two chambers. The blood supply to the heart muscle comes from two main arteries, the right and left coronary arteries and each of these split into two, a main branch and a lesser branch.

So we have four chambers (and a septum) and four arteries. And each artery supplies a chamber - yes? Well no. If only it were that simple... Suffice to say that between them they supply every part of the heart.

What part of which artery is narrowed or blocked dictates which part of your heart muscle is affected. The symptoms you feel may vary enormously between a

blockage at the back of your right atrium and the front of your left ventricle depending on that part's nerve supply.

It is a similar situation to 'sciatica' which we all know about. The problem is in the lumbar spine yes, but you may feel pain down the outside of your thigh or a deep throbbing ache in the calf or a numb feeling along the outside of your foot and into your toes. Sometimes just one toe!

As well as the classic 'Hand on Heart' site we may experience pain in the stomach, the neck, the jaw, the shoulders, one or both, between the shoulder blades, the arms and/or hand and/or just the little finger. The 'quality' may vary also: from a low grade ache, a heavy feeling or a tight feeling to a downright crushing pain; from a vague numbness to a leaden dead feeling.

It may or may not be

associated with nausea, sweating, shortness of breath, light-headedness or a 'sense of impending doom'. It usually occurs on physical or emotional exertion, but not always. Usually it is associated with one or more of the above symptoms, but again not always. Diabetics are particularly prone to 'silent ischaemia' (another good reason to keep your diabetes under good control).

It is almost never sharp, stabbing, knife-like.

As you can see it is not at all as straight forward as you might expect.

So give us a good clear history without embellishments or playing it down. An arm that feels like a lead pipe is enough to set my radars twirling whereas "it feels really weird - I can't describe it" doesn't help anyone!

Dr Lynne Mitchell

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## Paul Harris Fellowship Awards



Eileen Parsons (of Maungaturoto) and Vern Dark (Mangawhai) were both recently awarded the prestigious Paul Harris Fellowship Award. This recognises their respective long time community involvement and their contributions to the Maungaturoto and Districts Rotary Club.

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## New member at Lions

The August dinner meeting of the Paparooa Lions welcomed new members Alan Hilton and his wife Vicky. Alan was officially installed by Vice District Governor Wendy Miller.



Vicky & Alan Hilton, Vice District Governor Wendy Miller, and President Jim Rowlands

Guest speaker of the night was Shaun Holland who gave a very informative talk about conservation and pest control regarding rats and possums.

Shaun is happy to help others and may be contacted by email at [shaunholl@hotmail.com](mailto:shaunholl@hotmail.com) or 021 08 775 600.

Helen Poot, Publicity Officer

## Kōrero Māori - give it a go

### In the family

There is almost nothing as important in Te Ao Māori (the Māori world) as family. Māori are guided by whakapapa (genealogy); it connects people together and connects them to the land. While in the Pākehā world, the past is conceptualised as something behind you, in Te Ao Māori, the past is visualised as being in front of you because you can see what has happened. The expression "I ngā wa o mua" translates as "In the past/long ago" but it literally means, "In the time in front". Family members, both living and passed, usually play a central role in a Māori person's identity and relationships. Older people are particularly revered in Māori society, as they are keepers of family history and knowledge.



### Kupu Hou (new words)

- Tūpuna** = ancestors (pronounced 'Two' + 'poo-NAH')
- Kuia** = grandmother/elderly woman (pronounced 'Queen-yaH')
- Koroua** = grandfather/elderly man (pronounced 'Co-ROW-WaH')
- Whaea** = mother, aunty, older woman (pronounced 'Fai-YUH')
- Matua** = father, uncle, older man (pronounced 'Ma-Two-UH')
- Tamāhine** = daughter (pronounced 'Ta-MAH-hin-ay')
- Tamatāne** = son (pronounced 'Tama-TAW-nay')
- Pōtiki** = youngest child (pronounced 'Poh-tick-e')
- Tuakana** = elder brother of a male OR elder sister of a female (pronounced 'Two-ah-kah-nah')
- Tūngane** = elder brother of a female (pronounced 'Two-NAH-nay')
- Tuāhine** = sister of a male (older or younger, pronounced 'Two-AH-hin-ay')
- Tēina** = younger brother of male/younger sister of female (pronounced 'Tay-nah')

For further information and/or if you are interested in learning Māori, please contact local kaiako (teachers):

Thomaseena Paul- [stp@otamatea.school.nz](mailto:stp@otamatea.school.nz)  
or Reno Skipper- [matuareno@gmail.com](mailto:matuareno@gmail.com)

Kōrero Māori - It's fun - give it a go!

## Passion put to purpose

Shaun and Aira Holland made the move to Pahi a mere five months ago but if you are in Lions or a Gardening Club you will already know Shaun from his talks about pest control.

This caring and helpful family are part of a 'new wave' within Paparoa's community that will take us into the future.

The couple originally met in Shanghai in 2009, where Shaun worked in banking, and Aira (originally from the Phillipines) was on a volunteer nursing experience. After a short time dating, they fell in love and also fell pregnant with their eldest son, Behr.

In 2011, sick of the pollution in China, long hours of work and too many people, they returned to Devonport, Shaun's hometown. But Auckland was a different place from that which Shaun had left seven years earlier. So, seeking community and paradise, they purchased land on Pahi Peninsula in 2012.

The Kaipara was a perfect choice, with stunning natural beauty and, at that time, cheap. They "lucked out" on an amazing spot with views, lovely neighbours, and are able

to enjoy life in Paparoa, still close enough to Auckland and other centres without being too remote.

Shaun has a Bachelor of Science degree, has worked as a ranger for NIWA, and as a marine biologist, before moving into banking. On moving up here Shaun met the Rowlands, and very quickly he was out trapping with Jim, returning to his passion for the environment. He also met Paul Smith, of Pest Free Pahi.

Amazed with the work people have been doing up here, he's happy to bring his fresh energy to volunteer and enhance local conservation projects and embraces the challenges.

Aira is currently at home with their younger son Jed, but in time is looking at returning to nursing and will be enrolling



Shaun, Aira and Jed Holland

in courses to keep her training up to date. She also became a New Zealand Citizen a few months ago.

For a couple who moved up here "just for a year to suss out their future", they've thrown themselves headlong into community projects and have already made a great difference in the local environment

Being of service is a great way to meet locals, and they say everyone they've met so far is very nice. There is hardly a chance of heading back to Auckland permanently now, and besides, we wouldn't let them go. PP

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## Paparoa Garden Circle

Sadly July left us stuck indoors as the weather turned very bad indeed. Temperatures plummeted, the heavy rain prevented us from venturing outdoors and we cancelled our outing to Harbour Bank at Tutukaka.

Despite more rain, our August trip went ahead as planned and we visited the Snow Conservatory at Botanica, Whangarei. Well worth a visit to see the wonderful bromeliads protected from weather extremes in the shade house, the tropical garden's magnificent plants in the main conservatory house, and the fernery. When rain outside became very heavy we made a joint decision to retreat to Palmers Garden Centre and Cafe, just across the road from Snow Conservatory. After a lovely lunch and some plant shopping our August visit concluded.

Despite the rain - a lovely time was had by all.



Charlee Kerr, President

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## Pets in the Valley

It's that time of year again – calf club lambs getting swollen tummies! The last two nights on call I have had lambs stay for 'sleepovers' so I could monitor their progress overnight.

There are several reasons why lambs may get digestive disturbances- the most common being drinking too fast which can cause abomasal bloat. When a lamb is born it essentially has the same stomach set-up as we do for digesting milk. Liquids are swallowed and go into the abomasum (which is sometimes called the 'fourth stomach'), milk forms a clot and begins to be digested. If lactose is digested too quickly too much gas can form and a painful, swollen abomasum results. If found quickly enough we decompress the stomach with a strategically placed needle and use antibiotics to slow milk fermentation down, plus pain relief until normal motility can be restored.



Another form of bloat in lambs is rumen bloat where instead of milk going into the abomasum it goes into the immature rumen (first stomach) which is not designed for processing milk and again the milk can ferment and excess gas production causes bloating to occur.

In nature lambs drink many small feeds, so any lambs which are prone to bloating need to have smaller feeds than most pet lambs. Always make sure the hole in the teat you're feeding your lambs with does not get too big as time passes. The longer a lamb takes to feed the better!

Best wishes for all the upcoming pet days.

Janine

## Adventures under the Walnut Tree

Here's a glimpse of what Playcentre's been doing in Term 3 ... And it's a big welcome to three new families who have joined us.

- ☺ For our delicious shared morning tea the children made fruit smoothies.
- ☺ We've had lots of outdoor play: Mud pie making, interest in movement, like moving water, bubbles and floating balls, riding on the pull-along-train.
- ☺ The tamariki enjoyed the ride in cars and figuring out how to fit the car into a parking space.
- ☺ Our Papa-on-session made a splash with an over-head water bowl pulley set-up, great fun!
- ☺ We celebrated a successful ERO(Education Review Office) visit. The officers were satisfied and positive about the play and practices they saw on session. Their comments were encouraging and affirmed that we are providing valuable learning experiences for our Tamariki ... Well done us!



Visitors are always welcome - "come, see and play". Paparoa Playcentre provides a fun, vibrant learning place for families to grow together.

### Session times:

Tuesday/Thursdays 10am-1pm in Franklin Road (down the driveway just by Paparoa Primary School)

For further information:

Bianca 431 6730 or 021 782 456  
Jane 431 6148 or 027 461 1424  
paparoa@playcentre.org.nz



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## Gallery's future safe

For anyone who thought that our gorgeous little gallery was about to close down, we are happy to reassure you that this is not the case.

It was an unsettled time for us when the building was up for sale, but now we are secure in our present situation. The new owners, Paparoa Medical Society will accommodate us within the new complex. It was comforting to know that there was some concern within the community. It made us realise that we do fill a need, as a retail outlet for our creative members, a place for locals to visit, and as a reason for passing traffic to stop in Paparoa, which also benefits other Paparoa businesses.

During the school holidays a free and most successful children's art workshop was held. One of the participants was heard to say at the end of the day "can we do it again next holidays?" Great to get children interested in things creative from a young age.

Thanks to KDC's 'Creative Communities' grant we have held a number of art workshops in the past few months. On display in the gallery at present



Kids holiday painting workshop



'Pouring acrylics' workshop

is an exhibition of interesting works done at the 'Compilation' workshop.

A second adult art workshop entitled 'Pouring Acrylics' was a very messy but fun day enjoyed by all who attended.

These workshops all assist artists to learn new skills and gain confidence, resulting in a greater variety in our gallery displays.

'Mixed Media' will be our last workshop this year, the date next month yet to be finalised. It will incorporate

stencilling, collaging etc. This type of workshop is ideal for those who do not like 'fussy painting' or need a bit more confidence to get started. As numbers are limited either call into the gallery and leave your name and contact number, or contact Janice 946 9990 or jbee744@yahoo.co.nz.

You do NOT have to be a gallery member to attend these workshops, so don't hesitate if you are interested.

New members are always welcome OR if you would like to support us by becoming a 'friend of the gallery' use the above contact.

White Rock Gallery



## Art, cross country, pets and possums!

As part of our year-long theme 'Proudly Paparoa', this term's focus has been on our natural environment and on visual arts.

Assisted by a fantastic team of parents we have been very busy creating 'outdoor art' to brighten up our grounds. It will soon be on display and we are sure the community will be impressed with what the children have achieved.



Outdoor art in progress

Early in August our Years 3 and 4 students participated in another Rippa Rugby skills session which they all enjoyed. The weather was kind to us for our Cross Country on August 15 and although the course was very muddy everyone participated fully. We saw some great examples of resilience and perseverance.

This term is also the start of preparations for Pet and

Show Day at the beginning of Term 4. The children are beginning to care for and train their calves, lambs, or kids. We're also doing art, craft, and handwriting samples for next year's February A&P Show.

Our 9th annual Possum Purge is scheduled for September 7-10. Hunting starts at midday Thursday with prize giving and Gala at Paparoa Showgrounds on the Sunday. There are some terrific new prizes for the top teams, plus new activities planned for the Gala.

Get your registration forms at the school office or download them from the school website paparoa.school.nz.



Cross country action

Julie Harper

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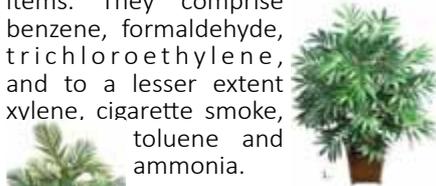
As winter takes hold, we close up windows and doors, pull curtains and generally make the house cosy. But do we realise that without

fresh air whisking away Volatile Organic Chemicals (VOCs), these nasties build up and have the ability to cause everything from headaches, respiratory issues through to more serious health problems?

VOC's are emitted by electronic devices (televisions, printers etc), plastic, paint, carpet, upholstery (especially in a new house) and even supermarket bags, to name but a few items. They comprise benzene, formaldehyde, trichloroethylene, and to a lesser extent xylene, cigarette smoke, toluene and ammonia.

But help is at hand. By bringing in some humble indoor plants these chemicals can be absorbed through the leaves and stored in the roots where the soil microbes break them down into harmless happy chemicals.

Just magic!



Indoor plants which work the hardest include *peace lily*, *lady palm*, *dracaena*, *weeping fig* and various ivys, *mother-in-law's-*

*tongue* and happily for us, the flowering *gerbera* and *chrysanthemums*, *boston fern* and *umbrella plant*. Apparently an ideal would be to have more plants in rooms with a higher possibility

of VOC's in the air.

Really, just by having indoor plants we will be breathing fresh, healthier, free-range air - air we have helped to create.



Raylee Over,  
'Kiwi Gardener' - inspired.

## Orchard pruning & hygiene

Winter is the best time of the year for me because I know that spring is just around the corner, and the sap will soon be flowing through my fruit trees.

The first signs of new life will be the swelling of the buds, with tinges of pink or green. That's the time to spray with a fungicide to help avoid the spread of fungal diseases. These are spread by poor orchard hygiene and can be avoided.



Not all fruit trees have buds, some have spurs, like apples and pears. Bud and spur swell starts in mid-winter, and can go through to early-autumn, depending on what trees you have.

Spraying for diseases goes on throughout the year. Correct orchard hygiene and pruning will help provide disease free fruit. There are two styles of pruning, one for fruit, and one for wood.

But before you start you must get to know your trees. Do they have buds, spurs, are they Japanese or European varieties, tip or spur bearing, self fertile, self pollinating, do they fruit on old or new wood, dwarf or standard, new or old trees, grafted or seedlings, do they even have flowers.

Not sure where or how to cut, don't know when to spray or what to use, I can help you.

I look after the fruit trees at Arty Farty's in Paparooa and will be having open days on pruning and spraying. Dates and times will be posted on 'Proudly Paparooa' Facebook page regularly, depending on the weather of course.

Anyone is welcome to attend.

Graham Carnie

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100 hour programme learning intermediate uses of a computer including *Microsoft Office* and *Google Chrome* (internet).

##### Kiwiskills

100 hour programme for more advanced computing students. For home work you will need a computer and internet.

##### Stepping Up

2 hour modules delivered one a week during the school term for students wanting to learn specific computer topics. (Also enquire about Spark Jump).

##### Driver Education

Learner Licence - Restricted Driver Mentoring

##### Literacy, Language and Numeracy

Literacy/Numeracy - ESOL

Te Reo Maori - Whanau Literacy

Workplace - Workplace Literacy

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##### 20/20/ TRUST

##### Digital Citizens

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##### Digital Citizens Plus

100 hour programme learning intermediate uses of a computer including *Microsoft Office* and *Google Chrome* (internet).

##### Kiwiskills

100 hour programme for more advanced computing students. For home work you will need a computer and internet.

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2 hour modules delivered one a week during the school term for students wanting to learn specific computer topics. (Also enquire about Spark Jump).

##### Driver Education

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##### Literacy, Language and Numeracy

Literacy/Numeracy - ESOL

Whanau Literacy

Workplace - Workplace Literacy

Please contact us if you would like to - (a) learn something that is not listed

(b) become a literacy/numeracy trainee tutor in Dargaville or Maungaturoto

(c) become a volunteer restricted licence driver mentor in Dargaville or Maungaturoto.

We are also currently looking for defensive driving instructors to help pathway our students from restricted to full licence.

To enrol or for more information, contact Stephanie on 0800 555 635

## Community Church celebrates 150yrs - pt 3

Paparoa's first Methodist chapel was built in Hook Road in 1867, 150 years ago. Paparoa Community Church will celebrate the occasion on 28-29 October this year. Elizabeth Metcalfe (nee Cliff) has compiled some of the history of the Church which is continued below.

### The Jubilee Hall - 1928

When the 60th Anniversary Jubilee Celebrations were held in May 1928 it was decided to build a hall adjacent to the church for youth work. Completed that year it was opened on the 3rd December.

Until that time Sunday School had been held in the church building on Sundays at 2pm with nine classes running. Earliest records show that there was a thriving Sunday School as early as 1881. In

September 1882, the trustees were asked if they could divide and line the vestries as soon as possible because of the number of classes.

Around 1932 money was raised for a sink and bench

in the hall kitchen which was situated where the Toy Library and part of the new kitchen is today. Meetings, concerts and other entertainment, and games evenings were held in the hall on a regular basis.

### The Centennial Project - 1967

Early in 1967, at the suggestion of Mr J. Cliff, the trustees decided to join the Church and the Jubilee Hall buildings, thus adding extra Sunday School classrooms plus a modern kitchen and toilets.

Architect E. Le Petit from Auckland drew up the plans and Mr Chas Storie and Mr Jack Freeman built the 1300 square foot addition. The total cost was two thousand, seven hundred pounds with an extra five hundred pounds being spent on the painting and redecorating of the existing buildings inside and out.

Many hours of voluntary labour drawn from church members enabled the job to be successfully completed

in 1967 in time for the church's Centennial Celebrations.

Around 1976 the Trust decided to remove the front porch from the Jubilee Hall and to install large windows in the replacement wall to allow light and warmth inside, creating a much more comfortable area for Sunday School and for after Church gatherings for a cup of tea or shared lunch.



The Centennial Project of 1967 joined the 2 buildings of the hall and the church

Otamatea Co-operating Parish was formed on 13th December 1994 when St. David's Presbyterian Church in Maungaturoto combined with the Paparoa Methodist Church.

## Interdenominational Choir

It is almost a year since I was impressed to form an interdenominational choir to present the much-loved sacred cantata 'Olivet to Calvary' which depicts the last days of Christ's ministry on earth before His crucifixion, resurrection and ascension to heaven.

I want to publicly thank all those who have diligently conducted, accompanied and sung. Great satisfaction and blessing rewarded all efforts as we contributed at the Catholic Palm Sunday service and also for the abridged presentation at the Anglican church in June. The anointing was evident and God was blessed as were we all. It was delightful to have the senior pupils of the Otamatea Christian School as part of the choir; thanks to Mark and Lynne Bell for recognising the value of this musical experience.

When all is said and done it's not about the cantata, composer, choir or members, it is about God, for "God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish, but have everlasting life with God the Father" (John 3:16).

We hope to present the full cantata prior to next Easter. Choir is now meeting every Friday evening at the Maungaturoto Anglican Church.

If you are interested in joining, contact any of the following ladies: Sue Skelton 431 6224, Helen Reynolds 431 6447 or Suzanne Lappin-Cripps 431 8797.

Ailsa Cullen, Convenor.

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In contour farming, crops are planted across a slope following the natural elevation lines, also known as swales in permaculture.

Swale trenches could be dug in the pathways for even more water retention, but this isn't necessary, and would depend upon the degree of slope of the land. Raised beds along a contour will create microclimates of sun and shade, creating diverse growing areas, and improving soil ecology and rainwater infiltration even more.

Anyway, that's the plan.

The picture above is not our garden- as yet.

Our garden is a rectangle of mud, kikiyu hills waiting to be moved on, and not much else. The birds have been loving it, and so too 'Master 6' who has been racing his speedboat in one of our initial swales - dug



to take off excess water, in the hope it would be dry enough to walk on without losing boots!

Ironically, we are on the flat top of a ridge, not a slope, so feasibly our contours have the potential to be more creative than elsewhere. However, as the earth moves around the sun, issues of shading out plants behind are also of big importance.

Mind you, it's amazing how fast a clay ground can go from a mud pit to a dry dust bowl, so when action comes, it will be fast, or our neighbours will be admiring the forest of dock we have grown ...  
Jenny

**September gardening**

Rain - rain and more rain! Hopefully we won't suddenly go into a long dry spell to 'balance' it out.

For those of you who like to grow your own plants it's time to get sowing those seeds. Plant everything - lettuce, beetroot, carrots, tomato, capsicum, egg plant and all your other favourites - except the cucurbits like melons and cucumber. Leave these til next month unless you have a very warm and sheltered spot. You can however plant out bean plants if you have a warm north facing garden spot.

Legumes (peas, chick peas and beans) all fix nitrogen gas from the air into nitrates in the soil. They do this with the help of bacteria that grow in specially made nodules on the pea or bean roots. This means that they also improve the soil and are known to be good companion plants for the cucurbit family (cucumber, melons, pumpkins etc). Legumes also give a better crop if the soil pH is between 6.5- 6.8. This is higher than many vegetables, so a good dose of lime may be of benefit to our rather acidic clay soils.

If your soils tend to be boggy for much of the year you may consider trying plants that cope with these conditions and what better than the lovely iris. I am considering getting some Japanese iris for my wet areas. They grew beautifully at Petley Road and the big soup plate sized flowers were stunning. I am going to look at what else may do well. Mallows and astilbe are said to like wet conditions so maybe these will be an option.

Enjoy spring - the freesia are out now and they are always a delight - especially the old fashioned scented ones.  
Stella

# OHS Reporoa trip

The 52nd exchange between Otamatea High School and Reporoa College was held in August.

Otamatea were victorious in bringing the Hathaway Family shield home, winning five codes of the eight contested.



Basketball

Students from Paparoa include Zack and Bob Hamlin who are in the rugby photo, Zack is also in the basketball photo. Isaac Sheppard and Hannah Cant are part of the debating team; Isaac was also in the hockey and rugby teams.



Rugby action



Debating team

**Codes played and the final scores were:**

- Hockey** - played at Taupo Turf. Otamatea won 8-0
- Debate** - Reporoa won but the results were very close
- Squash** - Otamatea won 4 games to 0
- Football** - Otamatea won 7-1
- Netball** - Otamatea won 35-17
- Rugby** - Otamatea won 26-5
- Boys basketball** - Reporoa won 36-23
- Girls Basketball** - Reporoa won by one point in the last 15 seconds 41-40

The exchange was a great success with all the games played in good spirit. The weather was all seasons in one day. Starting with sunshine and then during the netball and rugby heavy rain, lightning and thunder and even some hail.

Otamatea travelled down on Sunday 13th August. Hockey was played at the Taupo Turf in the afternoon followed by the boys and girls basketball on Sunday night. All the other games were played on the Monday followed by prizegiving and in the evening a school social.

Reporoa were fantastic hosts looking after Otamatea with wonderful meals. Otamatea travelled home on the Tuesday. Tina Holst, OHS

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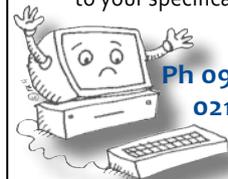
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## Arty Farties Community Connexions

Geraldine's weaving weekend workshop was held at the end of August. A great couple of days were spent learning this traditional Maori craft.

Our Sunday garage sales are doing nicely, thank you, and the sun is shining and warming us up - it's the hope that keeps us going.

**Position vacant:** Volunteer, to learn how to prune, spray, mulch and feed fruit trees - add to your CV or just gain knowledge. Our expert tree pruner has offered to teach and pass on the knowledge to anyone who is interested. You can contact Graham at Arty Farties' gardens on Sunday mornings, or Anne on (09)431 6229.

Cheers from all of us at Arty Farties

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## HEY, KIDS . . . JUST FOR YOU!

### Spring has sprung!

September marks the start of spring. A time of great excitement in many families as everyone prepares for 'Pet and Show Day' with calves, lambs, and kids to feed and train. It is also a time of new growth – trees that lost their leaves in autumn start to grow new ones, flowers begin to bloom, and we start to sow seeds.



Can you find all the spring related words in this wordfind?

- |          |           |
|----------|-----------|
| buds     | kid       |
| calf     | kowhai    |
| chicks   | lamb      |
| daffodil | nest      |
| eggs     | plant     |
| flowers  | rain      |
| garden   | seeds     |
| green    | sprouting |
| grow     | sun       |
| hatching | tulips    |



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## Home-made spring cleaners

Try these simple and natural cleaning remedies.

### SPRAY CLEANER

1 teaspoon Baking Soda,  
A few drops dishwashing liquid and  
15 drops essential lavender oil.

Fill a 1 litre spray bottle with warm water and add all the ingredients. Shake well and use to clean surfaces.

The lavender oil is anti-bacterial, antiseptic, anti-viral and anti-fungal, but if you prefer the smell of eucalyptus oil, it can be used as it has similar properties.

### TOILET CLEANER easy peasy

1 cup Baking Soda and 1 cup white vinegar.

Throw both into your toilet bowl and watch it fizz like a big volcano. Leave for 10 minutes and then give a quick brush around and flush.



## Science Corner

### Auxins and other plant hormones

Ever wondered how those tendrils on plants know how to cling on to fences or produce 'springs' on the tendrils so sudden gusts of wind don't break them?

An auxin (*indole acetic acid*) is a plant hormone that promotes elongation of cells. It is produced in plant growing tips and moves to the darker side of the stem. This makes the stem bend away from the darker side and grow towards the light. The stem or tendril grows towards the light and will circle around a stake according to the sun's movement across the sky.

If the tendril doesn't touch anything during this movement it forms a coil, like a spring as it grows. If it does touch something like a trellis then it winds around the wood, following in the same direction as the sun. If you mistakenly twist the plant around its



support in the wrong direction, then it unwinds your efforts!

Plants grown too close together or in a shady bush have an auxin produced by the plant perceiving a decrease of the ratio of red : infra red light. This makes the plants grow tall and thin with few leaves or side buds. It also makes the plants flower much earlier.

There are many different plant hormones that affect plant growth – too many to touch on in this short article.

Interestingly, both enemies and friends of plants also make use of these hormones to their own ends.

Nitrogen fixing bacteria on clover roots form nodules to make places to live in using



auxins. Some plant pests like nematodes use them to gain access to the life giving food produced by the plants.

We tend to think of plants as being rather boring but nothing could be further from the truth. Many of our recent innovations and inventions are simply copying what plants have been doing for most of their existence.

Stella



OTAMATEA  
COMMUNITY  
SERVICES

## OCS happenings

Community House in Maungaturoto has busy days and has its quiet days, whilst we continue to upgrade some services in and around the property so that we can continue to get work done efficiently.

The 'seniors lunch' is settling in with the new catering crew and plenty of good feedback. Winter weather hasn't stopped people coming along; and we know they all love the opportunity to meet up with friends and neighbours.

We had to cancel the July Chocolate Bingo day and while we thought we had contacted everyone, there were some people who didn't get the

message. So our apologies to those who arrived on the day to find we weren't there, and we hope to make up for it at the September Chocolate Bingo! Make sure you're there.

Our Manager continues her work in the 'Children's Team', and reports that there is a strong and positive feel about it. The 'Team' is proving to be a valuable addition to the existing work being done in

our community for the health and wellbeing of our children.

We now have a 12-seater van to use within the community. Starting with a weekly service catering for people with appointments in Dargaville we will also be able to arrange trips for shopping etc.

If we can help in any way come and see us in Hurndall St or phone 431 9080.

The OCS team, Maungaturoto

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## Presidents Scholarship 2017

We are pleased to invite applicants for a \$1500 grant known as the 'Presidents Scholarship'. The grant is intended to assist those who wish to further their education with a recognised provider of tertiary education i.e. university, polytechnic.

Areas of consideration when awarding the Presidents Scholarship could be involvement in community work, sport, arts, academic achievement or financial need.

Application format available - apply to PO Box 65,  
Maungaturoto 0547

**Applications close 31 October 2017**

All applications and attachments to be sent to  
PO Box 65, Maungaturoto 0547



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## Alex Tetzner - Rotary incoming president



2016/17 Joint Past Presidents Tim Magill and Merv Huxford pass on the President's Chain of Office to Alex Tetzner at the recent Change of Officers night in Maungaturoto. See advert this page for Presidents Scholarship 2017 application.



## OUT & ABOUT

**A reminder** that the Paparooa War Memorial Hall has a **FOOD PREMISES LICENCE** and is available for hire. This means it can be used to prepare food for sale, either at a function in the Hall or at an outside venue, i.e. at the Paparooa Farmers Market. Please contact Robyn, 431 7306, for details and bookings.

### Plunket's details updated:

Plunketline 24 hour helpline is 0800 933 922. Paparooa Plunket clinic number is now 4317340 Plunket Nurse Cynthia Keay's cell phone is 027 675 3488. Plunket's 'Ready Steady Wriggle' playgroup is every Monday at the Paparooa Sports Pavilion contact Tina Ball 021 033 5128.

**Tinopai Volunteer Emergency Services** are holding their Book Fair on Saturday 9 September at Paparooa Hall from 9am to 2pm. A huge variety of books will be on offer priced from \$1 each, 5 for \$3 or 10 for \$5. Plus there will be a large selection of jigsaw puzzles; so bargains for everyone and you will support fundraising for Tinopai Emergency Base

**St John's Trash and Treasure** will be happening again this year 9-13 October. Donations of good quality goods large and small are needed - but NO old TVs or mattresses - call Eileen 021 142 0357. This is St John's major fundraiser - help support the volunteers who help you!.

**Our condolences** go to the families and friends of John McMurray, Neil Boon and Brian Stilwell who recently passed away.

**Welcome** to Michelle Cox's '#5', Daphne Doris Joyce.

**The Village Cuff** is not open on Saturdays during the rest of the winter until longer summer days are with us.

**Meantime** keep an eye out for what's happening along at Jillaine's shop "Empire"...

**Skin Image** is a finalist in 'The Best New Clinic' category of the inaugural NZ Beauty Professionals awards. Good luck for the finals in Wellington on 30 September, Nina!

**Keep Labour Weekend** free. You will have much to do in Paparooa - with the Market, the Gala Day, 'Trash to Art' and Sculptures exhibition to enjoy.

**Paparooa Hotel** celebrate their first anniversary since refurbishment this month. Keep an eye out for what's going on and come along to join in. The winner of the colouring competition will be announced on 1 September. On Tuesday evenings there are board games for families to use along with a special meal offer for \$40. There's also a new takeaway menu with salads, main courses and desserts added to all the regular items.



**What's Hot**

The number of activities available for people to join and take part in. You could be out every day!

**What's Not**



But, unless they're sporty, there's not very much for our young people to do. Chess anyone?

**WHAT'S ON - SEPTEMBER 2017**

**Mullet Muster** Pahi Boating & Fishing weekend 1-2 September  
**Paparoa School's PTA Possum Purge** 7-10 September, details at paparoa.school.nz  
**Tinopai Emergency Services Book Fair** Paparoa Hall 9 September 9-2pm  
**Community Dinner** Paparoa Sports Pav 23 Sept, bookings 431 6822 / 431 6148  
**The Kauri Museum** open 7 days, free entry to Otamatea District residents  
 Exhibitions: 'Tudor Collins', 'Northland Photography Awards' 'Samplers - Stitching'  
 Events: Brainteaser Quiz Night 1 Sept.

**REGULAR EVENTS, MEETINGS AND ORGANISATIONS**

**Anglican Church St Marks** 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa  
**Ararua Church** 10.30am every Sunday, All welcome ph 431 6622  
**Art Studio, Ruawai** Wed 10-12noon ph Frances 439 2554  
**Arty Farties** Thur/Fri/Sun at the "Tile Shed"; Garage sale Sundays 10am to 2pm;  
 Beginners Patchwork, Mon 7pm, Te Pahi River Dr. For info: ph Anne 431 6229  
**Badminton** Thursday - teens & adults 7pm, Paparoa Hall ph Pete 4316 822  
**Craftersnoons** 1st & 3rd Wed in month, 10.30-4pm, Tinopai Hall ph Jo 431 7219  
**Exercise to Music** Tue 10.30am Paparoa Hall \$5 ph Rose 431 7418  
**Farmers' Market** Every Saturday 9-noon, Village Green. Contact Ruth 021 433 969  
**Grey Power** Last Wed in month, 1pm, Anglican Church Hall, Mgto  
**Kaipara Marching Team** Weds 4-5.30pm, Maungaturoto Rose Plunkett 431 7418  
**Library** Mon 1.30-4.30pm, Wed 10am-12noon, Thu 1.30-4.30pm, Fri 9.30am-1pm  
 Now open every Saturday 9.30-12.30pm 431 7555  
**Line Dancing** Thurs 10am-noon Paparoa Hall ph Rose 431 7418  
**Mainly Music** Wed 9.30am Paparoa Comm Church, ph Rebecca 431 7550  
**Maungaturoto Opportunity Shop** Open Mon 10-1pm Wed 10-3pm Fri 10-3pm  
**Music Makers** Second Wed, monthly, Pap Sports Pavillion, 7pm. 4316 722  
**Otamatea Quilters** 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262  
**Outdoor Bowls** Maungaturoto Green ph Tony 431 6026 or Brian 431 6884  
**Pahi Hall** available for hire ph Sherryl Corbett 431 7127  
**Paparoa Community Church** 10.30am every Sunday, 4 Hook Road 431 7106  
**Paparoa Garden Circle** 2nd Wed of month, President Charlee Kerr 431 7557  
**Paparoa Hall Functions venue** ph Robyn 431 7306 or a/h Loraine 431 7290  
**Paparoa Lions Dinner Meetings** 3rd Mon in month 6.30pm, Sports Pavilion  
**Paparoa Playcentre** Tuesday and Thursday 10am-1pm Visitors Welcome  
 ph Bianca 431 6730 txt 021 782 456 or ph Jane 431 6148  
**Paparoa Primary School** Term 3 ends Sep 29. Term 4 starts Oct 16  
**Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330  
**Paparoa Volunteer Rural Fire Force (VRRF)** 1st and 3rd Tuesday of the month  
 6.30pm Depot Rd ph Cohan 431 6668  
**Plunket Ready Steady Wriggle Playgroup** Mondays Paparoa Sports Pavillion  
 Tina Ball 0210335128  
**Sacred Soul Circle** 2nd Sundays, 10am-12 Marohemo Hall Helen 021 938 024  
**Selwyn Centre** Thurs 10am for over 65's, St Marks, Hook Rd, ph 431 8193  
**Sports Pavilion Functions Venue** Bookings ph Jane Bailey 431 6148  
**St Mary's Catholic Church** 10am Wed, 6pm Sat, Maungaturoto  
**Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822  
**Tennis Winter Play - Fridays** 9.30am Sue 431 6224  
**Ukelele Players** Beginners / experts, Thur 4pm Matakoho, ph Dennise 431 7012  
**Village Flea Market** 1st Sunday every month in the village 10.30-1.30pm.  
**Waka Ama** Tue & Thu 5pm, Sun 10am, Pahi Domain, ph Grant 027 474 3856  
**White Rock Gallery** Open 7 days 10am-4pm, in Library building  
**Yoga - Chair Yoga** Pap Sports Pavilion - Tues & Fri 9.30-10.30am  
**Yoga - Anamana Studio** \$10/session ph Jenny 09 280 9694, 021 114 3370  
 PLEASE UPDATE US WITH YOUR DETAILS: [press@paparoa.org.nz](mailto:press@paparoa.org.nz)

**HOOK, LINE & SINKER**



Fishing has been pretty good this month with some nice kahawai and gurnard being caught in close to Pahi.

Also some locals are catching nice sized snapper within a few kilometers of Pahi!

It is actually necessary to get out in the boat and have a line in the water to catch fish, and if you get lucky, all well and good.

Happy fishing!

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**LOCAL TIDES for September 2017**

SEPTEMBER TIDES - CALCULATED for PAHI-WHAKAPIRAU					
DATE	LOW	HIGH	DATE	LOW	HIGH
1st	1.05pm	7.04am	17th	2.32pm	8.34am
2nd	2.09pm	8.09am	18th	3.26pm	9.31am
3rd	3.00pm	9.04am	19th	4.13pm	10.20am
4th	3.42pm	9.49am	20th	4.55pm	11.04am
5th	4.20pm	10.29am	21st	5.35pm	11.43am
6th	4.57pm	11.07am	22nd	6.12pm	12.20pm
7th	5.34pm	11.43am	23rd	6.34am	12.55pm
8th	6.12pm	12.20pm	24th	8.10am	2.30pm
9th	6.35am	12.58pm	25th	8.46am	3.06pm
10th	7.16am	1.40pm	26th	9.25am	3.46pm
11th	8.01am	2.25pm	27th	10.09am	4.35pm
12th	8.51am	3.17pm	28th	11.02am	5.35pm
13th	9.48am	4.20pm	29th	12.07pm	6.10am
14th	10.54am	5.34pm	30th	1.20pm	7.23am
15th	12.10pm	6.54pm			
16th	1.26pm	7.24am			

**Community Directory**

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

**COAST TO COAST HEALTH CARE**

Maungaturoto Medical Centre: 8am-5pm Mon-Fri .... 09 431 8576  
 Paparoa Clinic: Doctor Tue + Fri 8.30am-12.30pm..... 09 431 7222  
 For urgent after hours medical service (Wellsford)..... 09 423 8086

**DISTRICT NURSE** Dargaville Hospital ..... 09 439 3330  
 Healthline - 24 hour service..... 0800 611 116

**HOSPICE KAIPARA** Dargaville Hospital ..... 09 439 3330

**KAIPARA DISTRICT COUNCIL** Helpline ..... 0800 727 059  
 Mangawhai Office..... 0800 100 388

**LINKING HANDS** Health Shuttle Service, Maungaturoto 09 431 8969

**LIONS CLUB PAPAROA** Secretary Mark Pilkington .....09 431 7369

**MAUNGATUROTO CHIROPRACTIC**..... 09 431 8019

**MAUNGATUROTO PHARMACY**..... 09 431 8045

**MAUNGATUROTO REST HOME** ..... 09 431 8696

**NKT RECYCLING** Huarau Road 10am - 2pm Mon-Sat....021 08 207 395

**OTAMATEA COMMUNITY SERVICES** Community House 09 431 9080

**PAPAROA LIBRARY** Free Membership 09 431 7555  
 Mon 1.30-4.30pm, Wed 10am-12noon, Thu 1.30-4.30pm,  
 Fri 9.30am-1pm. Saturdays 9.30-12.30

**PAPAROA PLAYCENTRE** ..... paparoa@playcentre.org.nz

**PAPAROA PLUNKET** Clinic 4317340 Cynthia Keay ..... 0276753488  
**PLUNKET** Helpline ..... 0800 933 922

**PAPAROA PRIMARY SCHOOL** ..... 09 431 7379

**PARENT PORT Inc.** free help for families Linda ..... 09 425 9357

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## Photo Competition - 'Winter in the Kaipara'



Winner: 'Frosty Morning' - Tony Dodge

Tony Dodge's 'Frosty morning' wins this month's Pegasus Engraving prize.



There is just one more month to go in our photo competition before we choose a grand finalist from the best we have received over the four months. Meantime, be in to win for October. Send in your best shots of winter and/or winter activities from the Kaipara by 15 September to [press@paparoa.org.nz](mailto:press@paparoa.org.nz)

*(Full details of the competition are on the back page of June's Paparoa Press - if you haven't got a copy - look up the website [paparoa.org.nz](http://paparoa.org.nz) for past editions)*

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Runner up: 'Glorious Pahi Sunset' - Joy Bonham



Runner up: 'Frost' - Tony Dodge

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## Hide & Seek 'Kaipara Rocks'

In the past month there has been a bit of a buzz about painting, hiding, and hunting rocks around Paparoa and other communities in the Kaipara.

Our 'Miss 6' has certainly become an enthusiastic participant, and the kids at Paparoa School are also getting involved. But it isn't just children taking active part, a number of adults are also tapping into their own rock creativity.



Sophie hiding rocks at the landing

And what's more, families are discovering a wonderful pastime that gets them outdoors and everyone can enjoy. The local Facebook page 'Kaipara Rocks' was set up in mid July by Pahi local Tina Ball who started collecting rocks in other towns with her children. Now they hide rocks wherever they go.

'Kaipara Rocks' is based on the original concept established in Port Angeles, USA in early 2016. In little more than a year they had 6,700 members. Founder Aisha Lesh says "It's random kindness, spreading some love. The more positivity there is out there, the less bad stuff there is," she said. "Hopefully people learn to be kind."



Ricky Lee's rocks

If you haven't yet ventured out rock hunting (painting or hiding), here are a few things you should know:

1. 'Kaipara Rocks' covers Maungaturoto, Paparoa, Matakohē, Pahi, Tinopai, Kaiwaka, Mangawhai, Dargaville and surrounding areas.
2. Please paint 'Facebook Kaipara Rocks' on the back of your creation then hide it for someone to find.
3. When you find a rock you can either keep it, or re-hide it, and of course, please take a photo and post it to the 'Kaipara Rocks Facebook' page.

More information can be found on Kaipara Rocks Facebook page.



Painted rocks by Stevie-Raye & Alex

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